



BIG SKY EARLY SEASON MASTERS CAMP

NOVEMBER 21-26, 2024

WHAT YOU GET:

- Top-level coaching to jump start your ski season
- 3 days GS training: Free-skiing drills, gate training, line drills in gates
- 3 days slalom training: Free-skiing drills, progression through brushes, stubbies and gates
- Booster Strap and LEKI demos
- Daily video analysis
- Daily door prizes

- 5 nights lodging at the Huntley Lodge
- 3 meals/day
- 5 days lift tickets
- Apres-ski programs
- Awesome camp shirt
- Maximum participants: 24
- Maximum athlete-coach ratio: 8:1
- Camp proceeds support BSSEF's junior race program. Thank you!

COACHING STAFF:



Lisa Ballard, Camp Director: Founder/director numerous ski and race camps. One of the top-ranked women on the international (FIS) Masters circuit – 4X SG and alpine combined champ, 2022 GS champion. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). 3X Canadian Masters Grand Champion. 34 years coaching experience. US Ski Team (1979-80). Dartmouth Ski Team (1980-83). Former ski analyst for ESPN and other networks; Author, *Ski Faster! Guide to Racing & High Performance Skiing*.



Jack Ballard: M.A., M.Ed: 2023 National Speed Series class 7 champion, 4th overall men under age 65. US Ski and Snowboard certified coach, 9 years dedicated masters coaching at Red Lodge Mountain and Big Sky Resort. USSS-certified coach and official. Former university lecturer, including graduate courses in educational psychology and human learning. Chair, USSS Northern Division Masters. Member, US Ski and Snowboard Masters Working Group.



John Pierce: FIS, NCAA D1, ASRA and Masters competitor with numerous titles; US Ski & Snowboard Coach with 25+ years coaching experience; director and coach at various clinics and camps; Lead Coach U16-19 and Director of Masters, Mount Peter Alpine Race Program; Former Head Coach, Mountain Creek; NJSRA Masters Representative. NJSRA Competition Committee Member.

Sign up at: https://bssef.com/

SCHEDULE:

Wednesday, Nov 20: Arrival and check-in.

Thursday, Nov 21: Morning free-skiing drills on slalom skis, then brush and stubby courses. Afternoon video analysis. Chalk Talk: "Slalom tactics".

Friday, Nov 22: Morning slalom training (stubbies, full gates). Afternoon video analysis. Chalk talk: "Taking the Guesswork out of Gear for Masters Racing".

Saturday, Nov 23: Morning slalom training (stubbies, full gates). Afternoon video analysis.

Sunday, Nov 24: Morning free-skiing drills on GS skis, then GS training with emphasis on line. Afternoon video analysis. Chalk Talk: "GS Tactics".

Monday, Nov 25: Morning slalom training (full gates) with more work on line. Afternoon video analysis. Chalk Talk: "Make Your Skis Faster! (The latest techniques for waxing and tuning)."

Tuesday, Nov 26: Morning GS training. Departure after lunch.

COST:

Full Camp - Double occupancy: \$2,895

Full Camp - Single occupancy: \$3,475

Local's Special: \$1,800

Full Camp includes everything on site: 6 nights lodging (check in Nov 20; check out Nov 26); all meals starting with dinner on Nov 20 through lunch on Nov 26; 6 days lift tickets, lane fees, coaching, video analysis, chalk talks, camp shirt; and door prizes.

Local's Special includes everything on site except lunch only and no lodging.

Restaurants at the mountain will not be open during the camp, as the resort is not open to the public yet.

Because Big Sky is not open to the public, season's passes and IKON passes are not valid during the camp. Only athletes and coaches are allowed on the hill and only during assigned lane times.

At the request of Big Sky Resort and due to high demand, athletes must register for the entire camp. If you cannot participate in all 6 days, there is no price break.

CANCELATION POLICY:

If BSSEF cancels the camp for any other reason, your camp fee is fully refundable, minus the credit card processing fee (3%) if you paid by credit card.

If YOU need to cancel for any reason prior to October 15th, your camp fee is fully refundable, minus the 3% credit card fee processing fee if you paid by credit card. If you cancel on October 15th or later, your camp fee is refundable only if your spot is filled by another racer, less the 3% credit card fee.

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LODGING:



Huntley Lodge: Ski in/ski out. For a complete list of amenities, <u>click</u> <u>here</u>.

Note: Big Sky Resort is closed to the public during the early season race camps. The Huntley Lodge is your only lodging option through the ski resort (and a very nice one).

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com **Jeremy Ueland**, BSSEF Program Director, T. 406-579-7005, director@bssef.com

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